

The Atlantic Insight 1989

HERITAGE

Guide



*Your guide to museums, art galleries,
craft shops, festivals, historic
inns and settlements in Atlantic Canada.*

INTRODUCTION

Welcome to the second annual *Atlantic Insight Heritage Guide*. In this publication you'll find listings of many of the fine heritage resources and sites in the four Atlantic Provinces, including museums, galleries, parks, craft stores, country inns and festivals.

We have a wealth of heritage resources in this region, encompassing the cultures of our native people, the early Viking settlers who came ashore in this part of North America, and the immigrant peoples who chose this land as their new home. Our history is rich and diverse, and our roots here run deep. The time and resources which are devoted to collecting, preserving and making known our heritage is one expression of the pride of Maritimers and Newfoundlanders in this special part of Canada.

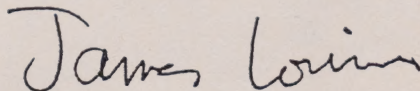
This guide is a unique result of co-operation between many of the groups, institutions and organizations involved in our heritage and *Atlantic Insight* magazine. They have chosen to use our pages as a vehicle to tell you and an estimated 250,000 other people about themselves. This year's guide is substantially larger than last year's and we hope that this annual publication will continue to grow.

In case you don't already know us, *Atlantic Insight* is the premiere magazine of Atlantic Canada. Each month's issue offers a wide variety of articles on the people, places and events of this region. Our July issue is of special interest each year with the winners of our annual *Atlantic Insight Recipe Contest*.

A new feature this year is a special section devoted to books on heritage subjects. You'll find these books in the best bookstores in the region, and in many of the craft and gift stores which feature the best products of Atlantic craft producers.

Listings in this guide are organized by province, and then alphabetically by community. The map shows you where to find each listing included in the guide.

I hope that you enjoy reading the many listings, and that you take the opportunity to visit some of the unique and exciting attractions you discover in this guide.



James Lorimer
Publisher

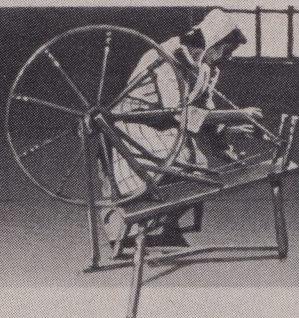
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Editor Colleen Hines

CARAQUET

Village Historique Acadien



BIENVENUE

Connu en Amérique du Nord pour être l'un des plus authentiques, le Village Historique Acadien représente la période difficile de la survie du peuple acadien au Nouveau-Brunswick après la déportation. Dans chaque bâtiment original, des interprètes en costume d'époque font revivre les costumes ancestraux, les métiers traditionnels et la vie quotidienne de nos ancêtres. Vous découvrirez l'histoire d'un peuple dont l'espoir et le courage sont devenus proverbiaux. Le Village Historique Acadien est une attraction familiale de premier choix au Nouveau-Brunswick.

**VILLAGE HISTORIQUE
ACADIEN**
C.P. 820 - CARAQUET, N.-B.
E0B 1K0 - (506) 727-3467

The Village Historique Acadien is known as one of the most authentic French historic sites in North America. Representing mostly the post-expulsion period of the Acadians, the village illustrates the culture and life of people who faced many difficulties to survive. Authentically restored buildings and people in period costumes revive the Acadian traditions and trade of the

period between 1780 and 1880 in New Brunswick. The Village is open daily in June, July and August from 10 a.m.-6 p.m., September from 10 a.m.-5 p.m. and charges \$6 for admission. The Village is located 11 km. west of Caraquet on Highway 11 in New Brunswick.

**Box 820, Caraquet, N.B., E0B 1K0,
(506) 727-3467**



Irish Festival

can - irish harmony

Canada's Irish Festival on the Miramichi

Blair Clancy of Chatham was president of the first Irish Festival. This festival brought home a little bit of Ireland to the many Irish descendants in the area and was a great success. This year's festival promises to continue the tradition of good food, good music and good Irish fun.

There will be Irish groups performing throughout the festival and several evening pubs are planned. Visitors are welcome to march behind their family crest in a St. Patrick's Day parade on July 15. There is also a variety of Irish wares and crafts sold at booths during the festival for mementos and workshops and lectures offer insight into the Irish culture.

As always, there will be lots of music. Mary McGonigle, international Irish recording star, will sing and of course the Irish pipes and dancers will perform.

The festival will take place on July 14, 15 and 16. People are urged to book accommodations early.

P.O. Box 415, Chatham, N.B., E1N 3A8, (506) 778-8810

Dorchester Heritage Properties



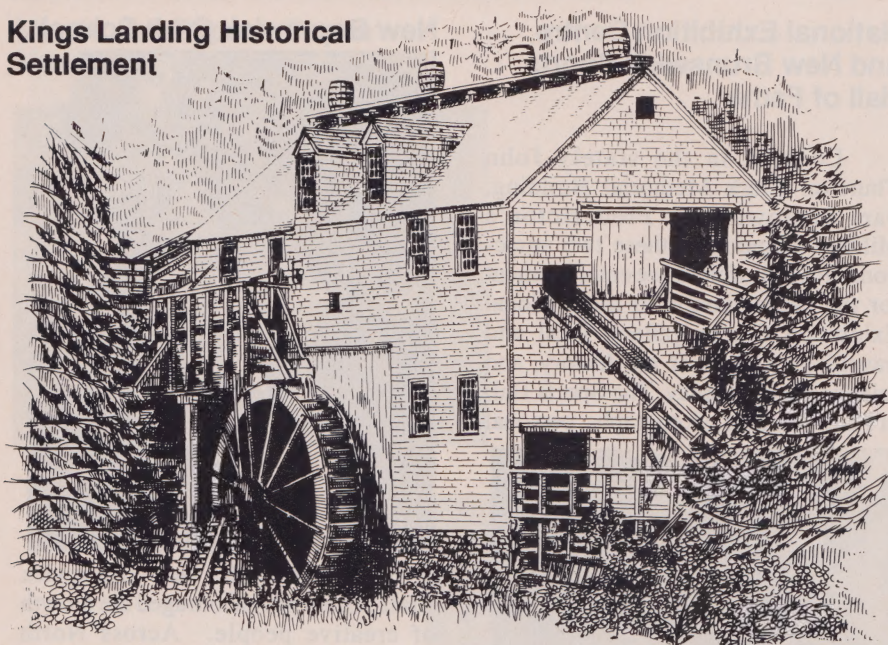
The Dorchester Heritage Properties Committee was set up in 1977 to manage the historic properties in Dorchester. The six buildings managed by the committee are all centred around one village square which makes for an enjoyable stroll.

The Carriage House contains a large part of the Penetentury Museum collection and a 20 seat lecture and slide show room. The Bell Inn is the oldest stone building in New Brunswick and the Coffee Shop in the Bell Inn is listed in the "Where to Eat in Canada" guide. An excellent craft shop is located across the courtyard from the Coffee Shop. The Keillor House is furnished as it might have been in the mid 1800's and a short drive away is Austin and Marion Stile's shop where antiques are sold. St. James Church, built in 1884, now contains exhibits on textiles and weaving and the Beachkirk Collection. There are two national historic sites in the village: the site of the law office of Sir Albert Smith, and the other, Rocklyn, a stone Georgian mansion, built by the Honourable E.B. Chandler, a father of confederation. Now Rocklyn is a bed and breakfast.

P.O. Box 166, Dorchester, N.B., E0A 1M0, (506) 379-2205

FREDERICTON

Kings Landing Historical Settlement



Kings Landing Historical Settlement is a complete 19th-century community including sawmill, grist mill, print shop, school, church, forge and 11 homes. The homes are staffed by more than 100 interpreters dressed in period costume. As you walk through the settlement, you will see costumed staff involved in activities which bring to mind the daily labours of a bygone era.

Throughout the year, Kings Landing holds a number of activities and festivals welcoming friends and neighbours including: Red Coats and Black Powder Weekends in June; Dominion Day festivities and Children's Days in July; and the Agricultural Fair in August. In September the settlement hosts Lumberman's Days and a Scottish festival.

On location at the settlement is the Emporium Gift Shop for crafts, books, and souvenirs. For a 19th-century meal you can go to the Kings Head Inn where you will be served by costumed staff. You can stop for a break at the Axe and Plough cafeteria, Alcove Dining Room or the snack bar.

The settlement is open daily from June 3 until Thanksgiving from 10 a.m. - 5 p.m. In July and August it is open until 6 p.m. Free amateur theatre during July and August. Admission fees are \$6 for adults. Special group rates and group tours are available upon request. Kings Landing Historical Settlement is located on the Trans Canada Highway, Exit 259, 35 km. west of Fredericton.

Box 522, Fredericton, New Brunswick, E3B 5A6 (506) 363-5805

National Exhibition Centre and New Brunswick Sports Hall of Fame

Located in the stately John Thurston Clark Memorial Building, part of downtown Fredericton's Military Compound, these two attractions provide informative entertainment for the entire family. In the National Exhibition Centre gallery, local and travelling exhibits of art, history, and science are on display. The Sports Hall of Fame features photographs, personal



memorabilia and original portraits of New Brunswick's eminent sports figures. Both facilities are open year round. Summer hours are: Monday to Sunday 10 a.m.-5 p.m., (Friday until 9 p.m.). Admission is free.

P.O. Box 6000, 503 Queen Street, Fredericton, N.B., E3B 5H1, (506) 453-3747

New Brunswick Craft School



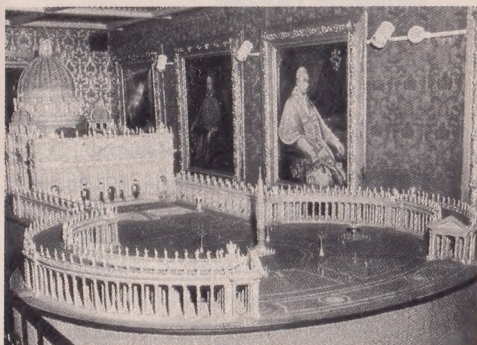
For 50 years the New Brunswick Craft School has encouraged the growth of creative people. Across North America, its graduates pursue many careers ranging from master craftsman, to museum director, advertising photographer, or fashion designer. Believing that craftsmanship is far more than learned skills, the school takes a holistic approach to its education, endeavouring to allow individual creativity to grow through love and respect for the materials used.

During the summer months, the Craft School provides guided tours for visitors wishing to find out more about the school or to see work completed by the student craftspeople. The school is open Monday - Friday from 9 a.m. - 4 p.m. from June to August.

Old Military Compound, Box 6000, Fredericton, New Brunswick, E3B 5H1, (506) 453- 2305

GRANDE-ANSE

Musée des Papes - Popes' Museum



The Popes' Museum, in the heart of Acadia, allows you to travel through time, discovering personalities and their contribution to the history of the Roman Catholic religion. The Popes' Museum broadens your knowledge of the spiritual roots of Catholicism.

Enter into church history with 264 reproductions of all the popes from St. Peter to John Paul II. The orders of the missionaries and nuns who played a vital role in the history of Acadia are also portrayed in the museum. One of

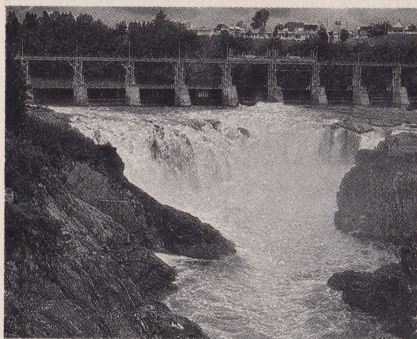
the main attractions is a superb model illustrating the Basilica and St. Peter's Square in Rome. Close by the museum, a fountain can be found which symbolizes world peace among the nations.

The Popes' Museum is open from June to September, from 10 a.m. to 6 p.m. The museum is located on Highway 11, 40 km. northeast of Bathurst.

**184 Acadie Street, Grande-Anse,
New Brunswick, E0B 1R0, (506) 732-3003**

Falls and Gorge

The Falls is the second largest waterfall east of Niagara Falls with a drop of approximately 24 metres (75 feet). Water from the falls has carved out a gorge which runs almost two kilometres in length and encircles half the town of Grand Falls. There are a number of scenic look-offs along the gorge and at one point, you can see the narrowest part of the Saint John River where the gorge walls rise to over 70 metres.



At the falls, overlooking the gorge is the Malabean Reception Centre which makes a pleasant stopping point. Inside visitors can find exhibits of the Falls and Gorge and the surrounding area. In La Rochelle Centre which also overlooks the gorge, they will find refreshments and a popular Gift Shop which sells a variety of souvenir arts and crafts.

The Grand Falls Historical Society operates a museum in the area which is open daily during the summer season and by appointment in the winter.

Falls and Gorge Commission,
P.O.Box 680, Grand Falls, New
Brunswick, E0J 1M0, (506) 473-6013

Lutz Mountain Meeting House and The Thomas Williams House

The Lutz Mountain Meeting House was built in 1883. Originally the Second Baptist Church, it received worshippers until 1974. Since then, it has been housing a museum, collecting pioneer artifacts and recording the tombstones in 92 area cemeteries. The house also has extensive genealogical records on pioneer families dating back to 1766.

The meeting house is open in July and August from 10 a.m.-6 p.m. and by appointment the rest of the year, by phoning (506) 384-4967. It is located on Route 126, 3143 Mountain Road, Moncton, N.B.

The Thomas Williams House, also located in Moncton, has been occupied during the past century by various descendants of Thomas Williams, the Intercolonial Railroad treasurer. The house is of Victorian Gothic style and features 12 rooms, many of which have the original woodwork. It is owned by the City and maintained by the Community Services Dept., and is operated by and furnished under the auspices of the "Heritage Moncton Inc." The house is open from June to September, Tuesday - Saturday from 10 a.m.-6 p.m. and on Sunday from 1 p.m.-6 p.m.

Lutz Mountain Meeting House:
Route 126, 3143 Mountain Road,
Moncton, N.B., (506) 384-7719;
Thomas Williams House: 103 Park
Street, Moncton, N.B., E1C 2B2,
(506) 857-0590

Moncton Museum

To introduce visitors to Moncton's past, the Moncton Museum features displays on shipbuilding and railroads along with the main street exhibit which allows visitors to see three stores as they existed around 1908. The museum also has an intercolonial railway station which is open to people who want to inquire about train schedules or work a telegraph key.

This summer, the museum's exhibits will include "Swedish Handicrafts" from May 25 to July 9, "Our Feathered Friends", from May 5 to July 9, and "Portrait Miniatures" from July 13 to August 20. The museum is open daily in the summer months from 10 a.m. to 5 p.m. Admission is free, and group tours are welcome.

20 Mountain Road, Moncton, New Brunswick, E1C 2J8, (506) 853-3003
Musée Acadien

From March to November, the Acadian museum of the University of Moncton will feature its fourth exhibit in celebration of its centennial, entitled Tools and Textiles. The artifacts, mostly from 18th and 19th-century Acadian homes, include numerous looms, reels, spinning wheels, flax brakes and combs, warping frames and quilts.

The museum is open in June, July and August, Monday to Friday 10 p.m. to 5 p.m. and weekends from 1 p.m. to 5 p.m. There is no admission fee and guided tours are provided upon request.

Université de Moncton, Moncton, Nouveau-Brunswick, E1A 3E9, (506) 858-4088.

Miramichi Folksong Festival

The 32nd annual Miramichi Folksong Festival will be held in Newcastle, N.B. July 30th to August 5th, 1989 where authentic folk music brings history to life on the mystical magical Miramichi. The Folksong Festival is one of North America's longest standing festivals. An opening breakfast with live entertainment will kick off this year's festival. Other activities include noon luncheons in the town hall cafeteria, a children's workshop, fiddling contest, open air concerts and more. Some of the special guests attending this year's festival include:



Billy MacInnis, a P.E.I. fiddler, Ned Landry and Aubre Hanson, fiddler and folk singer, Tip Splinter, a group of six authentic Irish musicians from Toronto, Peter Pacey and Diane London, storytellers known as The Calithumpians, Ivan and Vivan Hicks, fiddlers from Sussex, N.B., and the Chieftains. Programs subject to change.

Town of Newcastle, 100 Castle Street, Newcastle, N.B., E1V 3M4, (506) 622-2195

Canadian Forces Base Gagetown Military Museum

Located in Building A-5, CFB Gagetown, Oromocto, N.B., the museum presents the history and heritage of units, formations and other organizations which have served in the area. Displays change yearly as the result of an annual special presentation in the main gallery, necessitating revitalization and updating of many other exhibits. This year the Royal Regiment of Canadian Artillery is our feature exhibit. Artifacts on display range from a Centurion Tank, the



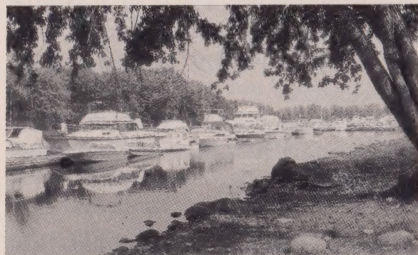
largest, to a pair of 1796 pistols, the oldest. The museum is ablaze with the colourful uniforms worn by our military forefathers in wartime for parades and for dining in splendour. Eight to ten galleries are open to the public. The museum is open July and August every day, Monday - Friday 9 a.m.-5 p.m. and weekends and statutory holidays noon - 5 p.m. From September to June, the museum is open Monday - Friday 8:30 a.m.-noon and 1 p.m.-4 p.m. Admission is free.

**CFB Gagetown, Oromocto, N.B.,
E0G 2P0, (506) 422-2630**

Oromocto Boat Club And Marina

The Oromocto Boat Club offers one of the finest marina facilities on the Saint John River. Nestled alongside Sir Douglas Hazen Park at the confluence of the Oromocto and Saint John River it offers easily accessible sheltered facilities. This area was once an important shipbuilding and riverboat port on the Saint John River system.

From the meager beginnings of seven pleasure craft and about 200 feet of dock space, the Boat Club has grown to become the modern marina of today. It offers approximately 3500 feet of



rentable floating dock space and has slightly more than 100 members. There are approximately 90 pleasure boats alongside its docks from early May until late October.

The Oromocto Boat Club lists among its facilities and services: visitors space (three days free); dock-side electrical and water service; on dock public telephone service; gasoline service; and all the facilities of the town within walking distance.

**Commodore Oromocto Boat
Club, P.O. Box 409, Oromocto, N.B.,
E2V 2J2**

Northern Wilderness Lodge

The Northern Wilderness Lodge is a secluded hideaway located in the Tobique River area of New Brunswick. For the hunter, fisherman or outdoors enthusiast, the lodge is equipped with ideal facilities and surroundings. It offers a magnificent view of the mountains and is just a short walk away from the Tobique River. In this northern part of the province, you can hunt white-tailed deer, fish for Atlantic salmon or



take a leisurely walk or hike through the trails leading to the Tobique River. The lodge has just been newly renovated and contains 14 rooms, each with private facilities and bathroom. The lodge also boasts a beautiful dining room offering home-cooked meals served family style, a lounge and recreation room. The Northern Wilderness Lodge caters not only to the hunters and fishermen but to the summer travellers and tourists.

**Route 390 at intersection 380.
Tobique River Country, P.O. Box 571,
Plaster Rock, N.B., E0J 1W0, (506)
356-8327**

Cottage Craft Ltd.



est. 1915

Cottage Craft Ltd. was founded by Grace Helen Mowat in 1915. Her ambition was to establish a native art — an art that would express her own farm life. Miss Mowat worked with local women to produce remarkable designs.

Cottage Craft is now owned by Elizabeth Ross and has been directed by the Ross family since 1945. Today, it still produces quality hand-woven woollens and beautiful hand knits in the same 18 shades which Miss Mowat derived from landscapes and seascapes around the Charlotte County area. It features woollens from over 200 New Brunswick handcrafters, specializing in handwoven tweeds with matching knitting yarns. Products include numerous styles of sweaters, handwoven blankets, mens' and ladies' jackets — all hand-crafted of pure virgin wool.

The shop is located in St. Andrews By-the-Sea on the Passamaquoddy Bay, one hour from Saint John on Route 127. Open year round. Summer hours, Monday to Friday 9 a.m. to 9 p.m., Saturday 9 a.m. to 5 p.m., Sunday 1 p.m. to 5 p.m.

**209 Water Street, St. Andrews By-the-Sea, New Brunswick, E0G 2X0
(506) 529-3190**

Saint John natives are proud of their city and their history, and each year celebrate their heritage during Loyalist Days in July. This year, the Loyalist Days festival is taking place from July 16 - 22, 1989. This city guarantees visitors seven days of colour, excitement and activity.



24 Sydney Street, Saint John, New Brunswick, E2L 2L3, (506) 634-8123

Atlantic Insight

Don't miss *Atlantic Insight's* June Heritage feature section.

Meet the handful of craftspeople who still create ships in bottles, works of art that capture in miniature, the details of a schooner's lines and riggings.

Learn about the Maritime Archaics, a thriving culture which existed in the Atlantic region from 4000 to 2500 years ago - 1000 years before the great civilizations of Mesopotamia and Egypt.

Discover the origin of some Maritime folklore and peculiar rituals as Rod MacKay looks at Maritime myths and legends. Through his research into fairies, witches, wizards and other such creatures, MacKay attempts to preserve and understand this fading branch of Maritime culture.

Examine the covered bridges in New Brunswick and the concerned citizens and community groups who are fighting to preserve them. Since 1975, the number of covered bridges has dwindled from 133 to just 70.

Atlantic Insight is the one magazine that provides an entertaining and informative view into Atlantic Canada.



New Brunswick Museum

The New Brunswick Museum has been introducing local residents and visitors to the history of New Brunswick through its collections since 1842. It is Canada's oldest museum and offers something from the prehistoric to the contemporary for every visitor.

Historic maps set the scene as New Brunswick's history unfolds at the museum. Military uniforms and muskets are also on hand to recount past battles. The museum also offers close-up views of the province's natural beauty through an exhibition of animal specimens and fossils.

To portray the heritage of fine craftsmanship and artistry in the province of New Brunswick, the

museum features examples of intricate cabinetry and portraits of majestic sailing vessels.

From galleries around the world, the museum features exhibitions of Mandarin robes and objects of jade and ivory, African ceremonial masks and sculpture.

The museum is open daily from May 1 to August 31 from 10 a.m. to 5 p.m. and for the remainder of the year Tuesday through Sunday 10 a.m. to 5 p.m. The museum charges \$2 admission for adults, 50 cents for students and \$4 for families. Senior citizens and children under the age of six are admitted free of charge.

277 Douglas Avenue, Saint John, New Brunswick, E2K 1E6, (506) 658-1842

Grenfell Handicrafts (1984) Ltd.



Grenfell Handicrafts (1984) Ltd., located in St. Anthony, Newfoundland, is the continuation of a company started by Sir Wilfred Grenfell in 1906. Dr. Grenfell collected handmade items from patients and later sold them to generate income for the mission.

Today, Grenfell Handicrafts produces hand embroidered Grenfell cloth, duflle, parkas, metromist, cossocks, hooked mats, carvings and knitted items. More than 100 women embroider and sew the products in their own homes while six in-house workers cut and stencil the products and maintain quality control.

The high quality craftsmanship of the Grenfell parkas has led to international acclaim and recognition. Their parkas have been presented to Queen Elizabeth II, the Prince and Princess of Wales, His Holiness Pope John Paul II and other dignitaries.

The store is open Monday to Friday 9 a.m. to 9 p.m., Saturday 9 a.m. to 6 p.m. and Sunday 1 p.m. to 5 p.m.

P.O. Box 280, St. Anthony, Nfld, A0K 4S0, (709) 454-3576

Grenfell House Museum

Grenfell House Museum introduces visitors to the unique work of Sir Wilfred Grenfell, medical missionary, charismatic leader and visionary. Sir Wilfred came to Newfoundland in 1892. He practised medicine, built nursing stations and hospitals, promoted industries, established schools and orphanages. His energy was boundless and his commitment complete.



Today this unique medical service continues to serve the people of Northern Newfoundland and Labrador. The museum is the original home of the Grenfells, which is operated by the Grenfell Historic Society, whose objective is to maintain the home and grounds, to collect, preserve and display the artifacts and history of the Grenfell era.

The museum is located in St. Anthony, on the tip of the Northern Peninsula at the end of the Viking Trail, Route 430. It is open from June 1st to Labour Day from 10 a.m.-8:30 p.m. There is no admission fee.

P.O. Box 93, St. Anthony, Newfoundland, A0K 4S0, (709) 454-3333 ext. 263 or 123.

Stephenville Festival

The Stephenville Festival presents summer theatre from July 2 - 30, 1989. Festival productions have delighted audiences since 1979 with professional theatre ranging from main stage Broadway musicals to intimate cabaret entertainment; from penetrating drama to light comedy; from classics to theatre Newfoundland style.



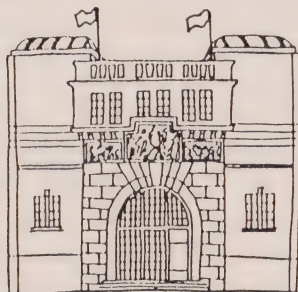
In addition to dynamic summer theatre, Stephenville, located in picturesque Bay St. George on the west coast of Newfoundland, offers an array of experiences from whale watching to folk festivals..

Stephenville is 1 hour, 45 minutes from Port aux Basques ferry; 1 hour from Corner Brook. By air, daily service operates via Canadian/Air Atlantic and Air Canada.

P.O. Box 282, Stephenville, Nfld.,
A2N 2Z4, (709) 643-4982.

The Newfoundland Museum

The main branch of the Newfoundland Museum allows visitors to explore the 9,000 year history of Newfoundland and Labrador. Three floors of exhibit space highlight the history and traditions of the six native groups who lived there prior to the arrival of European settlers and the unique way of life in the towns and outposts of 19th century Newfoundland. The museum also has a changing program of temporary and travelling exhibitions from around the



world. The museum is open Monday to Friday 9 a.m.-4:45 p.m., Thursday evenings until 8:45 p.m. and weekends and holidays from 10 a.m.-5:45 p.m. Admission is free.

Another branch of the Newfoundland Museum is located at the Murray Premises in Beck's Cove off Water Street in St. John's. This museum houses the military history gallery, "For King and Country" and the maritime history gallery, "Business by Great Waters." It is open from 9 a.m.-4:45 p.m. weekdays, 10 a.m.-5:45 p.m. on weekends.

283 Duckworth Street, St. John's,
Nfld, A1C 1G9, (709) 576-2460



Environment
Canada

Environnement
Canada

Canadian Parks
Service

Service canadien
des parcs

Historic Parks and Sites: Cape Spear National Historic Park

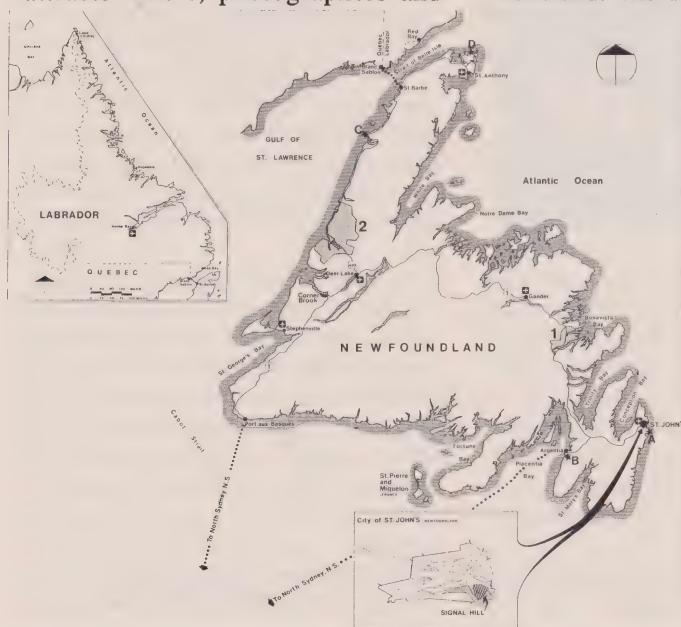
Cape Spear National Historic Park displays Newfoundland's oldest surviving lighthouse (1835). For more than a century it has served as an important approach light to St. John's, 11 kilometres to the north. During World War II a coastal defence battery at Cape Spear protected St. John's from enemy attack. Along with the restored lighthouse, the park contains World War II gun emplacements and a Visitor Centre showing a variety of exhibits on light-houses. The park's spectacular scenery attracts hikers, photographers and

whale watchers. The park grounds are open daily, all year round. The lighthouse and Visitor Centre are open daily from 10 a.m.-6 p.m., mid-June to Labour Day. Admission is free.

P.O. Box 5879, St. John's, Nfld,
A1C 5X4, (709) 772-5367

Signal Hill National Historic Park

Rising 160 metres above the narrow approach to St. John's Harbour is Signal Hill. Because of its strategic location, the area saw many battles between the English and French for control of Newfoundland and its fishery. In the historic park is Cabot Tower, built to commemorate the Diamond Jubilee of Queen Victoria and the 400th anniversary of John Cabot's voyage to Newfoundland. The Tower contains an ex-



REGIONAL SETTING

○ NATIONAL PARKS

- 1 Terra Nova
- 2 Gros Morne

★ NATIONAL HISTORIC PARKS AND SITES

- A Cape Spear
- B Castle Hill
- C Port au Choix
- D L'Anse aux Meadows

..... Ferry Crossing

hibit on the history of communications and signalling. The Tower and Visitor Centre which house an exhibit on the history of Newfoundland are open daily 9 a.m.-8 p.m., mid-June to Labour Day. The Signal Hill Tattoo performs Wednesday, Thursday, Saturday and Sunday at 3 and 7 p.m., weather permitting, mid-July to late August. The park offers spectacular scenery and interesting walking trails to explore and picnicking is permitted on the grounds. Admission is free.

P.O. Box 5879, St. John's, Nfld, A1C 5X4, (709) 772-5367

Castle Hill National Historic Park

Castle Hill National Historic Park's history dates from the 17th century, when the French selected the Plaisance fishing village as the base for their Newfoundland fishing fleet. Fort Royal was built atop a prominent hill overlooking the port and countryside. Ceded to the British in 1713 under the Treaty of Utrecht, the town was renamed Placentia, and the hill became known as Castle Hill. The stabilized ruins of Fort Royal include the remains of the barracks, guard rooms and a blockhouse. A visitor centre interprets colonial life at this remote outpost. The park is open daily 8:30 a.m.-8 p.m., mid-June to Labour Day. The park is located at Placentia off Highway 1. Admission is free.

P.O. Box 10, Jerseyside, Placentia Bay, Nfld, A0B 2G0, (709) 227-2401

L'Anse Aux Meadows National Historic Park

The first authenticated Norse site in

North America, L'Anse aux Meadows National Historic Park is at the tip of Newfoundland's Great Northern Peninsula. It has been designated a world heritage site by UNESCO. Archaeologists have uncovered artifacts indicating a Norse settlement was here about 1000 A.D.

Visitor Centre houses an exhibit on the Norse culture and their settlement in L'Anse Aux Meadows. Replicas of the Scandinavian-type sod houses have been constructed. The park grounds are open daily 9 a.m.-8 p.m., mid-June to Labour Day. It is located about 25 kilometres off Highway 430 on Highway 436. Admission is free.

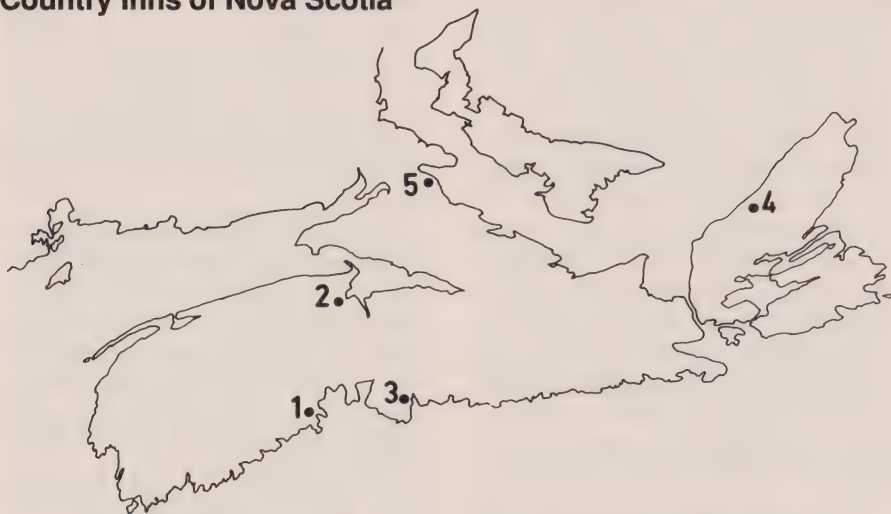
P.O. Box 70, St. Lunaire-Griquet, Nfld, A0K 2X0, (709) 623-2608.

Port au Choix National Historic Park

Port au Choix National Historic Park is located 15 kilometres from the Port Saunderson/Port au Choix turnoff from Highway 430. In 1967, residents excavating for the construction of a new building discovered human bones, tools and weapons. Scientific testing of the bones and artifacts disclosed four burial grounds here which were used for 1,000 years beginning well before 2,000 B.C. A Visitor Centre has displays and artifacts from the site's resident Maritime Archaic Indian culture. The Point Riche Lighthouse nearby is a popular spot for picnicking and photography. A coastal hiking trail originates in Port Riche. It is open daily 9 a.m.-6 p.m., mid-June to Labour Day. Admission is free.

P.O. Box 70, St. Lunaire-Griquet, Nfld, A0K 2X0, (709) 623-2608

Country Inns of Nova Scotia



Country Inns are well known for comfortable accommodations, their character and charm, a sense of history and locale, scenic beauty and excellent cuisine. Country Inns represent the best in the long tradition of Nova Scotian hospitality. Here you will find the character and graciousness of the past combined with modern day conveniences and amenities.

These five inns are all known for their interesting locations, charming ambience and commitment to fine cuisine. Their dining rooms are open to the public. From them, you can explore the beauty, history, food and the people that make Nova Scotia unique.

1. Boscawen Inn

150 Cumberland Street,
P.O. Box 1343, Lunenburg
Nova Scotia, B0J 2C0
(902) 634-3325
See page 29

2. Blomidon Inn

127 Main Street, Box 839
Wolfville, Nova Scotia, B0P 1X0
(902) 542-2291
See page 35

3. Halliburton House Inn

5184 Morris Street
Halifax, Nova Scotia, B3J 1B3
(902) 420-0658
See page 25

4. Normaway Inn

Margaree Valley
Cape Breton Island
Nova Scotia, B0E 2C0
1-800-565-9463
See page 30

5. Amherst Shore Country Inn

Highway 366 at Lorneville
R.R.2, Amherst
Nova Scotia, B4H 3X9
(902) 667-4800
See page 17

Amherst Centennial

Visit Amherst and enjoy a summer full of special events celebrating Amherst's 100th birthday.

June 2 and 3 is the Centennial Revue with over 500 citizens of all ages appearing in Vignettes telling the story of the town with music, dancing, and acting. Since Amherst is the home of four Fathers of Confederation, the town is having fun with a Four Fathers Look Alike Contest on July 15. Contestants also have to give a rendition of the political views of the day.



The week-long birthday celebrations begin July 22 with lots of activities for everyone. There will be international buskers, a parade, and even an authentic Victorian wedding ceremony provided for a local couple to which everyone is invited. There will also be picnics, barbecues, Victorian teas and fashion shows, fire works and more. Join Amherst in this once-in-a-lifetime celebration, their 100th birthday.

P.O. Box 331, Amherst, Nova Scotia, B4H 3Z5, (902) 667-1989

The Amherst Shore Country Inn

This five room seaside inn, with two seasonal cottages, is renowned for its gourmet dining. Located on highway 366 at Lorneville, this delightful country inn is conveniently located 20 minutes from Pugwash or Amherst.

Large picture windows in the quaint country dining room look out onto the beautiful rolling landscape and the ocean beyond. This inn is at the beginning of the Sunrise Trail, which skirts the edge of the Northumberland Strait,



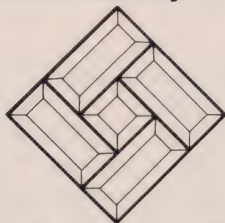
and is known for its warm water and beautiful beaches.

This inn features a four course dinner served at 7:30 each evening, by reservation only. The menu changes nightly and may include sole stuffed with crab or chicken Kiev.

A warm and charming seaside inn with gourmet dining at its best.

Highway 366 at Lorneville, N.S., R.R. 2, Amherst, N.S., B4H 3X9 (902) 667-4800. Donna Lacey, Innkeeper

Lyghtesome Gallery



Serving the arts community of Antigonish and the Northern Shore region since 1975, Lyghtesome Gallery has been a forerunner in promoting well-known Antigonish artists as well as other selected Nova Scotian artists through its monthly exhibition schedule. Specializing in original fine-art works on paper, the gallery features a comprehensive collection of works by



Nova Scotia printmakers and water-colourists, as well as old engravings of the Atlantic region, art-related books and cards and one-of-a kind items.

The Gallery is open Monday to Friday 10 a.m.- 5 p.m., Friday evenings 7 p.m. - 9 p.m. and Saturdays 10 a.m. - 1 p.m. Antigonish is situated midway between Halifax and Sydney. Take any of four exits off the Trans Canada Highway 104.

166 Main Street, Antigonish, Nova Scotia, B2G 2B7, (902) 863-5804, 863-6401

Gaelic College of Celtic Arts and Crafts

The Gaelic College at St. Ann's, near Baddeck, Cape Breton is the only Gaelic College in North America. Attractions include: a great hall of clans, craft centre, Scottish tea room, and a duty piper on the grounds. Special performances on Tuesday, Wednesday and Thursday.



The setting for this unique institution is the scenic Cabot Trail in the beautiful highlands of Cape Breton. It overlooks placid St. Ann's Harbour, with Cape Smokey and the broad Atlantic visible on the horizon. The Gaelic College was founded in 1938 as a living memorial to the early Highland Scottish settlers who endured the rigors and hardships of pioneer life in Canada.

The Gaelic College is open to visitors during July and August, 8 a.m. to 8 p.m. May and June, September and October 9 a.m. to 5 p.m. The College is located on the Cabot Trail, 1 km. north from Exit 11 on the Trans Canada Highway.

P.O. Box 9, Baddeck, Nova Scotia, B0E 1B0, (902) 295-3411



Environnement
Canada

Environnement
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Canadian Parks
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Alexander Graham Bell National Historic Park

The Alexander Graham Bell National Historic Park is dedicated to presenting the story of Dr. Bell. The Park's museum houses a unique collection of artifacts and personal memorabilia which are combined with photographic displays, audio-visual presentations and text to chronicle the work of Alexander Graham Bell and his associates.

Three major exhibit areas lead visitors through the story of the inventor's early life and success with the telephone (Bell the Man) to his work in other areas of communication, medicine and aviation (Experimenter's Hall). The third exhibit area, Hydrofoil Hall, reveals the work of Baldwin and Bell in the early developments of hydrofoil transportation.

Special evening programs allow visitors an insight into the personalities

of Alexander Graham Bell and his wife Mabel. There is an opportunity to learn about life on Beinn Bhreagh, the Bell estate. Ever popular is the film "Dr. Bell at Baddeck" which contains personal reminiscences of Bell by his daughters, grandchildren and associates.

For younger visitors kite workshops provide the opportunity to build and fly kites. For all there are days when you may fly your own kite or try one provided by the Park. Another program demonstrates the basic scientific principles key to the work of Dr. Bell through a series of simple experiments. The Museum's roof gardens afford a beautiful view of Bras d'Or Lakes and Beinn Bhreagh Estate which is closed to the public.

The Park is open seven days a week from 9 a.m.-5 p.m., October 1 to June 30 and from 9 a.m.-9 p.m., July 1 to September 30. There is no admission fee. The Park is just off the Trans-Canada on the Cabot Trail, Route 205 at Baddeck.

P.O. Box 159, Baddeck, Nova Scotia, B0E 1B0, (902) 295-2069

Chester Theatre Festival

One of Nova Scotia's busiest summer stages is found in the seaside village of Chester, about 70 km. south of Halifax. The Chester Playhouse is the home of the Chester Theatre Festival, which features a wide variety of summer theatre from July 4 - August 20, 1989 at 8 p.m. every night except Mondays. The shows are quality productions and feature exciting summer fare.

Dinner/theatre packages are available at local restaurants, most of which feature beautiful ocean views and deli-



cious seafood. There are also theatre workshops designed especially for children.

The Chester Theatre Festival is located in the centre of the village of Chester; take route 103 from Halifax. Tickets are available at the Chester box office or Jennifer's of Nova Scotia, 5635 Spring Garden Road, Halifax.

P.O. Box 293, Chester, Nova Scotia, B0J 1J0, (902) 275-3933

Black Cultural Centre for Nova Scotia



The Black Cultural Centre is a cultural and educational complex. It contains a museum which features permanent exhibitions, an art gallery with temporary exhibits portraying local and African traditions, crafts and graphic illustrations. The reference library contains a growing selection of books and magazines dealing with black history, society, religion and politics. The Centre has published numerous publications written by and about black Nova Scotians.

The Black Cultural Centre welcomes requests from the public for the use of its facilities and its services.

The centre is located on the No. 7 Highway at Cherry Brook Road in Westphal and is open from Monday to Friday, 9 a.m. - 5 p.m. and Saturday, 10 a.m. to 4 p.m.

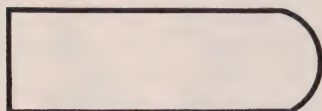
P.O. Box 2128, East Dartmouth, Nova Scotia, B2W 3Y2, (902) 434-6223

Dartmouth Heritage Museum

Dartmouth Heritage Museum not only illustrates the history of Dartmouth, but also reflects the artistic life of the community with regularly changing art exhibitions. Attractive displays trace the development of one of the fastest growing cities in Canada.

During June, July and August, the museum is open Monday to Friday, 9

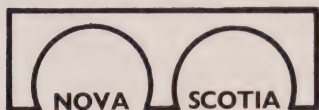
DARTMOUTH



HERITAGE



MUSEUM



a.m. to 9 p.m., Saturday from 9 a.m. to 5 p.m. and Sunday 2 to 5 p.m. From September until May, the hours are Monday to Saturday 1 p.m. to 5 p.m., Wednesday 6 to 9 p.m. and Sunday and most public holidays 2 to 5 p.m.

The museum is located on the corner of Wyse Road and Alderney Drive. One block south of the Angus L. Macdonald bridge on Wyse Road. Three blocks north on Alderney Drive from the Ferry Terminal.

100 Wyse Road, Dartmouth, Nova Scotia, B3A 1M2, (902) 464-2199

The Miners' Museum



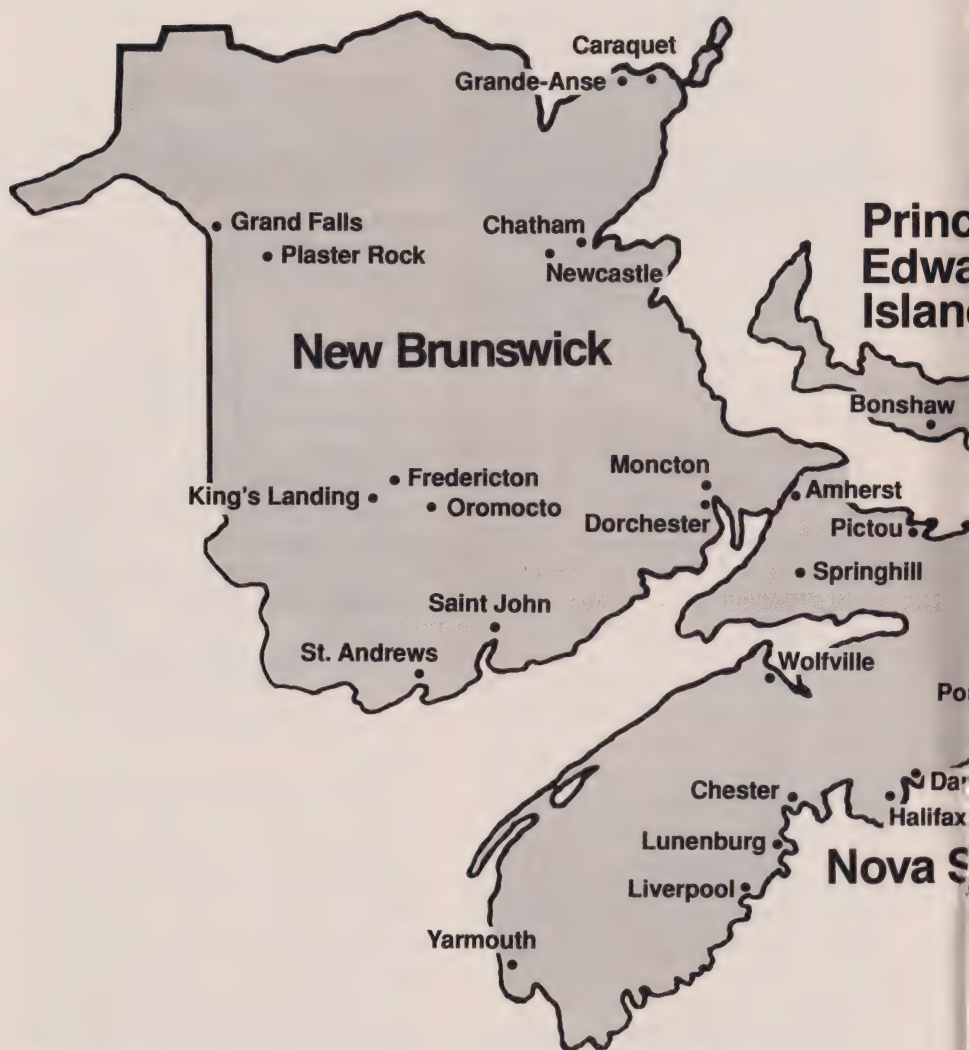
Located just minutes away from downtown Glace Bay, Nova Scotia, this ultra-modern building provides an attractive showcase for the history of coal mining in Cape Breton and various mining techniques used since 1720. One of the highlights of a visit to the museum is the underground tour of an actual coal mine beneath the building. With a retired miner as your guide, you will have the opportunity to experience the Room and Pillar System of coal mining.

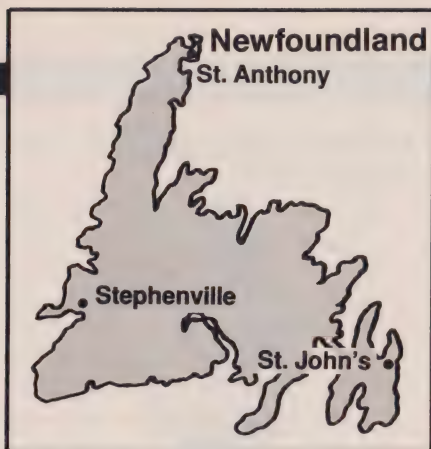
Adjacent to the museum is the Miners' Village. The three wood-frame buildings in the Village help to depict the domestic life of miners during the period 1850 - 1900. Also in the village is the Miners' Village Restaurant and a gift shop.

General admission charge to the museum is \$2.50 for adults and \$1.50 for children. There are additional charges of \$2.00 for adults and \$1.25 for children for the mine tours. The museum and miners' village is open 10 a.m. to 6 p.m. daily (Tuesdays until 7 p.m.) from June 8 until September 3.

42 Birkley Street, Glace Bay, Nova Scotia, B1A 5T8, (902) 849-4522

Mapping out our Heritage Sites



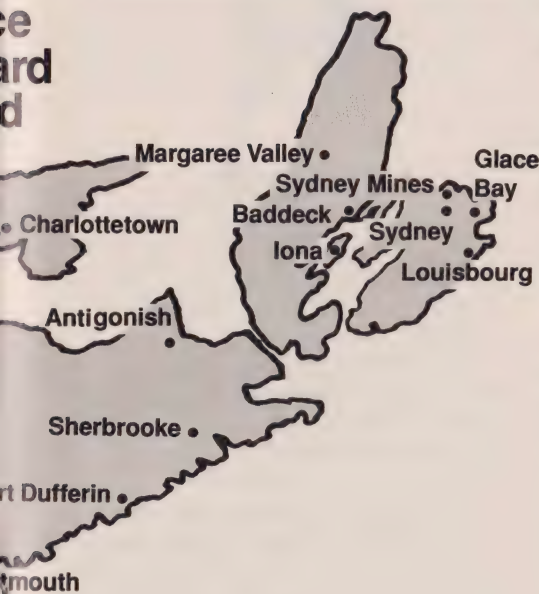


New Brunswick

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St. Anthony	p.12
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Nova Scotia

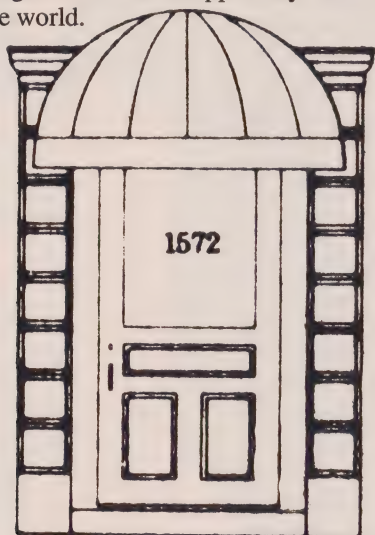
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Duke of Argyle Gallery

The Duke of Argyle is a large commercial gallery in Halifax. It has an outstanding collection of Atlantic Canadian art with an emphasis on Atlantic seascapes, landscapes and wildlife. The art is available in all price ranges and can be shipped anywhere in the world.



Blowers Street

● Duke of Argyle Gallery

Argyle Street

Barrington Street

The gallery also caters to commercial clients and lease purchase is available.

The gallery is conveniently located in the downtown area within walking distance of the waterfront, Citadel Hill, restaurants and shopping malls.

1572 Argyle Street, Halifax, Nova Scotia, B3J 2B3, (902) 422-6669

Halifax Citadel National Historic Park



Situated on a hill overlooking the heart of downtown Halifax, this 19th century fortification is a major visitor attraction and offers an impressive view of the city and its harbour.

In summer, watch the 78th Highlanders drill on the parade square; take a guided tour; sample a soldier's fare in the coffee bar; browse in the gift shop; visit the Army Museum; or see the "Tides of History" audio-visual show.

The Citadel is open daily from 9 a.m. to 6 p.m., June 15 to Labour Day and from 9 a.m. to 5 p.m. for the remainder of the year. A nominal admission fee is charged during the summer visitor season.

Special events, sponsored by the Friends of the Citadel, occur throughout the year.

P.O. Box 1480, North Postal Station, Halifax, Nova Scotia, B3K 5H7, (902) 426-5080.

Halliburton House Inn

The Halliburton House Inn was built in 1820 as the residence of Sir Brenton Halliburton, former Chief Justice of the Supreme Court of Nova Scotia. It was completely renovated in 1986 and opened as an inn in 1987.

Each of the inn's 35 comfortable guest rooms is furnished with antiques and contains a private bath and phone. The library, dining room and private garden courtyard provide cordial surroundings in which to plan a day's journey or relax over a cup of tea.



The Halliburton House Inn offers a complimentary "continental plus" breakfast and afternoon tea for overnight guests. Fine evening dining is offered to the public, by reservation.

The Inn is conveniently located within the heart of downtown Halifax. Sightseeing opportunities, Historic Properties, gardens, fine dining and shopping are all within walking distance.

5184 Morris Street, Halifax, Nova Scotia, B3J 1B3, (902) 420-0658



Maritime Command Museum

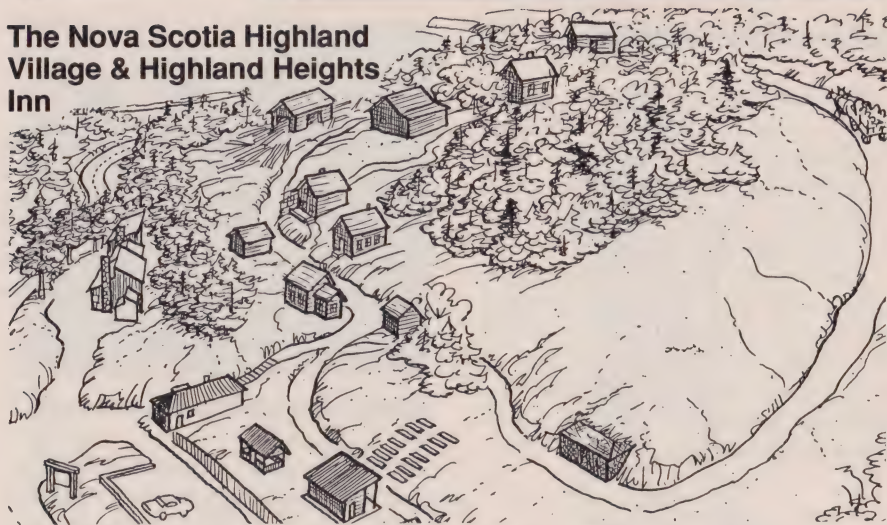
The Maritime Command Museum is located in Admiralty House, built between 1814 and 1818 in downtown Halifax, Nova Scotia. Admiralty House, owned by the Navy since 1814, was declared a National Historic site in 1982.

The main objective of the museum is to collect, preserve and display the artifacts and history of the Canadian Maritime Military Forces. It also maintains a library and archives relevant to naval history and the Dockyard since 1759. The exhibits deal mainly with the history of the Royal Canadian Navy since its inception in 1910 and the Royal Navy and its influence on Halifax since 1759.

The museum is open weekdays all year round from 9:30 a.m.-3:30 p.m. In July and August, it is open Monday to Friday from 9:30 a.m.-8:30 p.m. and on Saturday and Sunday from 1 p.m.-5 p.m.

Admiralty House, CFB Halifax, Halifax, N.S., B3K 2X0, (902) 427-8250

The Nova Scotia Highland Village & Highland Heights Inn



The Nova Scotia Highland Village, located in Iona, Cape Breton, is a museum and heritage centre dedicated to the Scottish pioneers of Nova Scotia.

The site features historic buildings depicting the lives of the Scottish settlers from the late 1700s to the 1920s. The village boasts the only known replica of a "Taigh Dubh" (Gaelic for "Black House") in North America. Village staff members are costumed in 19th century garb and trained in conversational Gaelic and local history. Wagon rides are also available.

As well, the Village includes an outdoor stage and amphitheatre, gift counter and picnic area.

Located next to the Village is the Highland Heights Inn, a 26-room

facility featuring all the comforts of today. Each room has two double beds, a private bath and a spectacular view of the Bras d'Or Lakes. The licensed dining room features seafood and local dishes, and the staff truly understands the meaning of Highland hospitality.

The Highland Village is open from June 15 to September 15. The Highland Heights Inn is open June 1st to late October (all three meals served daily).

The Nova Scotia Highland Village and the Highland Heights Inn are centrally located on Route 223, just 15 miles off the Trans Canada Highway (105) via Exit 6 and Little Narrows ferry (operating every 10 minutes, 24 hours a day).

The Manager, Nova Scotia Highland Village, Box 58, Iona, N.S., B0A 1L0, (902) 622-2272 Sheila and Bruce MacNeil, Highland Heights Inn, Box 19, Iona, N.S., B0A 1L0, (902) 622-2360



Lane's Privateer Inn

The stately home that evolved into Lane's Privateer Inn can be traced to Captain Joseph Barss who built the structure in 1798. His eldest son, Joseph Barss Jr. became Liverpool's most famous privateer.

Lane's has been a family business since 1947; and like those who originally built this piece of Liverpool heritage,



the Lane family know the importance of traditional values such as good service and value for money. Besides providing excellent lodgings, Lane's Privateer Inn has also established a reputation for fine seafood dining.

This summer, come share the tradition that is Lane's.

P.O. Box 509, Liverpool, Nova Scotia, B0T 1K0, (902) 354-3456

Atlantic Insight

The Atlantic Insight Heritage Guide 1990

The *Atlantic Insight* Heritage Guide is a specialized publication listing a wide array of heritage resources in the Atlantic region. You can have a listing of a half page or more in our 1990 heritage guide devoted to your museum, art gallery, craft store or festival - at a very reasonable cost!

Your listing in the guide will include an editorial description of your organization and a black and white illustration. Each organization featured in the guide will receive free copies of the guide. As well, copies of this publication will be distributed throughout the region in tourist information centres, and heritage institutions - free of charge.

Our 180,000 monthly readers will be able to pull out and keep the guide for their summer vacations. The total estimated readership for our heritage guide is more than 300,000!

Plan now to list your heritage organization in the 1990 *Atlantic Insight* Heritage Guide! Space in the guide is limited - so reserve your spot early.

For more information contact: Insight Publishing, 5502 Atlantic Street, Halifax, Nova Scotia, B3H 1G4, (902) 421-1214



Environment
Canada
Canadian Parks
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Environnement
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Service canadien
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Fortress of Louisbourg

The Fortress of Louisbourg is the largest National Historic Park in Canada covering an area of some 50 square kilometres. The reconstructed fortress, a 10-hectare site, consists of 53 period buildings including homes, warehouses, 18th-century restaurants, a bakery, official residences and numerous military structures, are all surrounded by massive masonry fortifications. Town inhabitants in period costume along with exhibits and audio-visual displays, combine to tell the story of 18th-century Louisbourg: fortress, seaport and colonial community.

The remainder of the park includes historic areas (site of the oldest lighthouse in Canada) and natural areas such as beaches, hiking trails, and pic-

nic and fishing areas.

On August 25 the fortress community will celebrate the Feast of St. Louis (Fête de St. Louis), an important 18th-century holiday commemorating St. Louis, Patron Saint of France. Musket salutes, cannon firings, a bonfire, the promenade of townspeople, street dancing, fireworks and fine food and drink highlight this exciting day.

The Fortress of Louisbourg is located 35 kilometres south of Sydney, Nova Scotia via Route 22. It is open daily 9:30 a.m.-5 p.m. in June and September and 9 a.m.-6 p.m. in July and August.

During May and October walking tours with limited access to a few period buildings are provided free of charge. From November to April, tours are available with advance notice. Admission fees from June 1 to September 30 are \$6 for adults, \$3 for children and \$15 for families.

**P.O. Box 160, Louisbourg, N.S.,
B0A 1M0, (902) 733-3100**

Boscawen Inn



The Boscawen Inn

Relax amid the elegance of a bygone era in this elegantly restored Victorian manor. Eighteen charming guest rooms, three spacious living rooms and a lovely dining room overlook the famous Lunenburg harbour, renowned for its shipbuilding. From the balcony of the inn, one can glimpse schooners slipping by under sail.

The bright and airy dining room serves hearty breakfasts from 8 - 9 a.m., delicious lunches from 11:30 a.m. to 2 p.m. and sumptuous candlelit dinners every evening from 5:30 p.m. to 9 p.m.

The Boscawen Inn is a wonderful place to spend the night or enjoy a fine meal during your exploration of the scenic South Shore. The seacoast around Lunenburg is well known for its beautiful beaches, golf courses and charming fishing villages.

150 Cumberland Street, P.O. Box 1343, Lunenburg, Nova Scotia, B0J 2C0, (902) 634-3325. Innkeepers Ann and Michael O'Dowd.

Houston North Gallery

The Houston North Gallery is a tastefully converted 19th-century building in Lunenburg, Nova Scotia. The 3,000 square feet of show space is dedicated to works of Inuit (Canadian Eskimo) art and Nova Scotia folk art.

Alma Houston and her son John have made Houston North Gallery famous

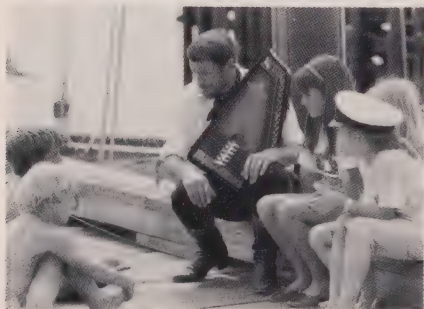


for its Canadian Inuit sculptures and original prints. They are also sole agents for Nova Scotia's major folk artists, who are becoming nationally recognized for their paintings and wood carvings.

Houston North Gallery is open seven days a week (closed in January) from 10 a.m. to 6 p.m. weekdays and 1 p.m. to 6 p.m. Sundays. Lunenburg is located near Highway 103, 100 km. west of Halifax.

110 Montague Street, Lunenburg, Nova Scotia, B0J 2C0, (902) 634-8869

Lunenburg Folk Harbour Festival



Picturesque Lunenburg becomes the backdrop for the fourth annual Lunenburg Folk Harbour Festival, August 10 - 13th, 1989. This is the festival not to miss! The music is traditional maritime folk, influenced by land and sea.

You can hear music from any of the three stages around the town. You can hear it at the waterfront docks while you watch schooners sail by, at the bandstand while meandering through the middle of town, or you can step into a musical dream at our Blockhouse Hill Tent with performers such as the Chieftains, Lennie Gallant, Jon Goodman, Swallows Tale, Clary Croft, Marilyn Inch, Louis and Jarvis Benoit, Laura Smith, Rufus Guichard, Tom Lewis, Boarding Party, the Cape Breton Symphony, the Rankin family, the Lunenburg County Fiddlers and more...

Come and join us in four days of musical magic!

Lunenburg is located near Highway 103, 100 km. west of Halifax.

Lunenburg Folk Harbour Society
Nova Scotia, Box 16, Lunenburg,
Nova Scotia, B0J 2C0, (902) 634-3180

Normaway Inn



The Normaway Inn's 250 acre property is nestled in the hills of the beautiful Margaree River Valley, noted as having one of the most beautiful salmon streams in North America.

One can tour along the legendary Cabot Trail, the vast Bras D'or Lakes, the Cape Breton Highlands National Park, the Margaree Valley, and the western shores of Inverness County whose treasures are some of the best kept secrets of Nova Scotia.

The public dining room, with its full view of gardens, fields and surrounding hills continues to build on its tradition of fine cuisine and caring, considerate service. After dinner, Innkeeper David MacDonald invites guests to share Cape Breton's rich culture through films, traditional music, or storytelling.

The 1920's Inn, open from June 15 to October 15, has 9 guest rooms with private baths, and 17 one and two bedroom cabins, most with fireplaces.

Box 106, Egypt Road, Margaree Valley, Nova Scotia, B0E 2C0, (902) 248-2987, 1-800-565-9463

Pictou Lodge

Rustic accommodation and fine dining by the sea.



Pictou Lodge is located in a park-like setting outside of the town of Pictou, four miles from the Caribou ferry crossing to P.E.I. The Lodge property is comprised of a number of log buildings overlooking the ocean and has its own fresh water lagoon where canoes and paddle boats are available for guest use. Recommended in "Where to Eat in Canada" since 1986, the menu offers a fine selection of fresh Nova Scotia seafood, specialty dishes and homemade pastries.

Centrally located, sightseeing opportunities for day trips include: Prince Edward Island, Halifax, historic Sherbrooke Village, the Fortress of Louisbourg and the beautiful Cabot Trail.

Pictou Lodge is intended to be a peaceful destination resort facility. For visitors who are tired of the rush and roar of crowded cities, Pictou Lodge is ideal.

Box 1539, Pictou, Nova Scotia, B0K 1H0, (902) 485-4322

The Water Street Studio

The Water Street Studio occupies the ground floor in an old Scottish-style stone house which was built in 1825 for the railway pioneer Lord Strathcona. In the past 100 years it has been a sheriff's office and bank.



It is now a craft shop featuring natural fibre clothing designed and made by the co-op members, and a wide selection of jewellery, pottery, weaving, glasswork and other local and imported craftwork. The store is next to Grohman Knives, opposite the DeCoste Centre.

78 Water Street, Pictou, N.S., B0K 1H0, (902) 485-8398



Marquis of Dufferin



Marquis of Dufferin Inn

Only two hours from Halifax on the scenic Marine Drive to Cape Breton, the Marquis of Dufferin Inn offers an outstanding ocean view unique on the Eastern shore. A recipient of the 1988 Tourist Industry Association of Nova Scotia Innkeeper of the Year Award, the inn offers relaxed dining, friendly informal service and the peaceful atmosphere of the historic residence built in 1859. The licensed dining room features fresh seafood from the region, house patés and scrumptious desserts.

The inn features eight comfortable motel rooms available at reasonable rates, all with a superb view of the bay and fishing village. The location of the inn lends itself perfectly to outdoor activities: nature walks, rowing, sailing, fishing and more.

The inn is located on Highway 7, Marine Drive, approximately 136 kilometres east of Halifax.

**Port Dufferin, Halifax County,
N.S., B0J 2R0, (902) 654-2696**



Nova Scotia



**Department of
Education**

Nova Scotia Museum Complex

Sherbrooke Village Restoration

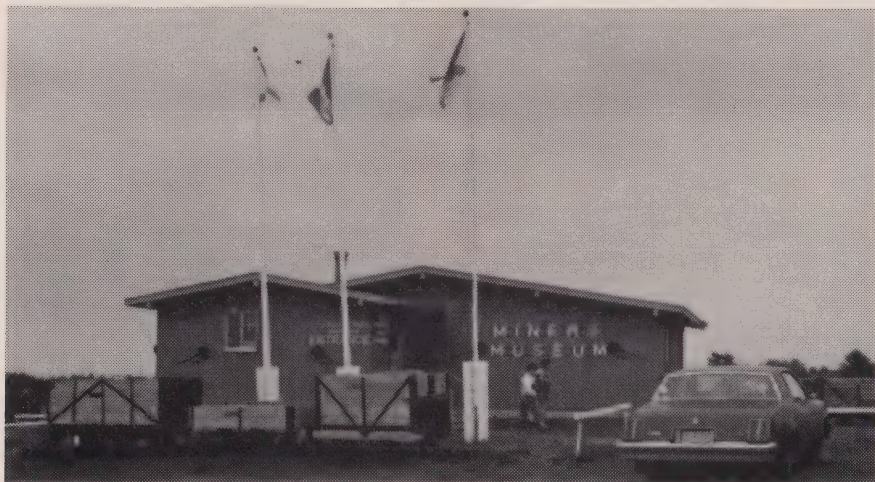
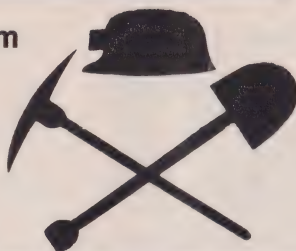
The village of Sherbrooke was a bustling place in the mid to late 1800s. Sherbrooke is being restored to bring to life some of the rich history and heritage of the community.

Sherbrooke Village is distinctive because it is a living museum; people still reside within the historic compound. Regular sittings are held in the courthouse and services are conducted in St. James Presbyterian Church. Skilled craftsmen and artisans continue to ply their trade, servicing local demand with their products and offering items for sale. You can visit these working shops, or drop into the Post Office and leave your postcards to be mailed. You can also visit the Cumminger Brothers' store and dress up in 19th century costumes and have your photo taken.

Modern accommodations and services are located nearby. The village is open May 15 to October 31 from 9:30 a.m. to 5:30 p.m. and charges \$2 admission for adults and 50 cents for children.

**P.O. Box 285, Sherbrooke, Nova
Scotia, B0J 3C0 (902) 522-2400**

Springhill Miners' Museum



A visit to the Springhill Miners' Museum located in Cumberland County, Nova Scotia offers visitors a chance to explore the depths of the Syndicate mine, dig underground at the coalface, meet miners in their lamp cabin and see exhibits that include more than 200 artifacts, pictures and newspapers.

Coal mining was a way of life for the Town of Springhill for 140 years. The Miners' Museum rekindles the memories of Springhill's past, including the tragic events and heroic men. All the guides working at the Springhill Miners' Museum are experienced coal miners who enjoy meeting new visitors and recalling tales of the mining days.

Cumberland County craft souvenirs, produced locally and relating to the mining industry, are available at the museum.

The Museum has a picnic park on the grounds and is open from June until October. Hours are 8 a.m.-8 p.m. during July and August and 10 a.m.-4 p.m. in other months. The admission is \$2 for adults and \$1.50 for children. The Town of Springhill Miners' Museum is located 32 km. from the New Brunswick border on Black River Road, just off the #2 Highway.

Box 150, Springhill, N.S., (902) 597-2873

Island Crafts

Island Crafts is your base on Cape Breton Island for handmade craft items. This quaint craft shop in downtown Sydney represents over 300 Cape Breton craftspeople.

The abilities of Cape Breton knitters is only one area of talent evident in the products at Island Crafts. Hand-appliqued quilts are available as well as



woven lap robes, scarves and placemats. Grandmother's handknitting is very evident in the baby section of the shop. Tartan items in Cape Breton and Nova Scotia are also available as well as a wide selection of souvenirs.

Store hours are 9 a.m. - 5 p.m., Monday to Saturday, Friday from 9 a.m. - 9 p.m.

329 Charlotte Street, Sydney, Nova Scotia, B1P 1E1, (902) 564-5527

GOWRIE HOUSE

BED & BREAKFAST INN



Gowrie House

Gowrie House was built around 1830 and remained the property of the Archibald family, who were prominent in 19th century Nova Scotia business and politics, for a century and a half.

Each room has been furnished with antiques and local artwork and decorated to enhance the feeling of comfortable elegance.

Gowrie House is open to overnight guests from April through January. A full country breakfast is included in the room rate. June through September, dinner is served every night except Monday. Reservations are required. Come and enjoy superb food in relaxing and elegant surroundings at Gowrie House Inn.

139 Shore Road, Sydney Mines, Nova Scotia, B1V 1A6, (902) 544-1050.

Acadia University Art Gallery

Acadia University Art Gallery offers a year-round programme of art exhibitions of contemporary and historical significance in a variety of media. Begun in 1978, the gallery serves as a teaching facility within the University's Department of Art and is the custodian of the University's growing collection of art.



May 7 to September 10 the gallery will feature "Colville: The Dow Gift", on loan from the Art Gallery of Ontario. Paintings and drawings from public and private collections have been added to complement this group of predominantly early works by Alex Colville who resides in Wolfville.

The gallery is open to the public from Tuesday to Sunday inclusive from noon to 4 p.m. Closed Monday. It is located in the Beveridge Arts Centre, corner of Main Street and Highland Avenue in the University campus.

Beveridge Arts Centre, Acadia University, Wolfville, Nova Scotia, B0P 1X0, (902) 542-2201

Blomidon Inn



The Blomidon Inn has a reputation for elegant accommodation and gracious cuisine which extends far beyond the province of Nova Scotia.

Here, the discerning traveller will find the welcome comforts of a 19th-century sea captain's mansion. The Inn has been tastefully restored since 1980, and 25 of the 27 rooms have private bath.

Each evening, the Inn serves a three course table d'hôte dinner. The daily menu may include poached salmon or fresh halibut. Desserts include baked apple dumpling or raspberry syllabub. Lunch is served to the public daily from 11:30 a.m. - 2 p.m., and dinner from 5:30 - 9:30 p.m.

The Blomidon Inn is located near the eastern end of the beautiful Annapolis Valley at Wolfville. The Bay of Fundy, with the world's highest tides, is nearby.

127 Main Street, Box 839, Wolfville, Nova Scotia, B0P 1X0, (902) 542-2291, Innkeeper, Jim Lacey

Firefighters' Museum of Nova Scotia



Nova Scotia



**Department of
Education**

Nova Scotia Museum Complex

With an 1819 Hopwood and Tilley hand-drawn hand pumper, a horse drawn 1863 Amoskeag steamer and a motor driven 1933 Chev Pumper, this is Canada's only provincial firefighters' museum.

Along with the numerous fire engines, the museum also houses many smaller items, including photos of famous fire scenes, rubber and leather water buckets and even antique toy fire engines. There is also a library of fire-related material and a gift shop on the premises. A National Exhibition Centre at the museum features national and provincial travelling exhibits and collections relating to art, history and science.

The museum is located in Yarmouth, Nova Scotia and is open from 9 a.m.-9 p.m. Monday to Saturday and on Sunday from 10 a.m.-5 p.m. in July and August. In June and September, the museum is open from 9 a.m.-5 p.m., Monday to Saturday.

**451 Main Street, Yarmouth, N.S.,
B5A 1G9, (902) 742-5525**

Atlantic Canada's Premiere Magazine

Atlantic Insight

Stay in touch with the issues and events that affect the people of Atlantic Canada with a subscription to *Atlantic Insight* magazine. Each month, we bring you a stimulating and informative summary of what's happening in our corner of Canada.

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Strathgartney Country Inn

This fine homestead was home to five generations of Stewarts. Although the initial residence was not grand, a major addition was completed which included a huge dining room, a charming parlor and a beautiful master bedroom with large windows overlooking the gardens.

Today the Strathgartney Country Inn has eight bedrooms and a fine licensed dining room. It is also the setting for a



Strathgartney Country Inn

series of workshops which invite both the amateur and the more experienced to explore the arts and nature.

This summer, dinner theatre packages with either Victoria Playhouse or the Charlottetown Festival will be available. Also, special events are planned, such as dinner followed by a ceilidh, or a murder mystery. A Fathers of Confederation Founder's feast will be offered weekly.

Located 18 km. west of Charlottetown on the Trans-Canada Highway.

**Bonshaw RR#3, P.E.I., C0A 1C0,
(902) 675-4711**

Confederation Centre of the Arts



(Details)

The Confederation Centre Art Gallery and Museum celebrates its 25th anniversary in 1989 with a series of special exhibitions and events throughout the year. From June to September enjoy a display of historical, modern and contemporary art from the Gallery's collection, including selections from the Robert Harris Collection and the Poole Porcelain Collection. During the Summer Festival season the Art Gallery is open daily from 10 a.m.-8 p.m. Admission fee is \$1 for adults, 50 cents for seniors and children under 16, \$2 for families and \$5 for groups or organized tours of 10 people or more.

**P.O. Box 848, Charlottetown,
P.E.I., C1A 7L9, (902) 566-2464**

The Dundee Arms Inn



The Inn offers the intimacy, charm and personalized service so rarely found in our modern day accommodation industry. The guest rooms and general decor of the Inn appropriately feature "turn of the century" furnishings completing a unique holiday or business travel experience.

The Inn's Griffon Dining Room is, as quoted by Toronto's *Globe and Mail*, "acknowledged as one of Canada's finest restaurants". The adjacent Heart and Cricket Pub offers a quiet, cozy and relaxing atmosphere.

The adjacent motel features all modern conveniences and the Richmond Hall facility offers full kitchen facilities and bachelor accommodation ideally suited for the family or long staying guest.

200 Pownall Street, Charlottetown, P.E.I., C1A 3W8, (902) 892-2496

School of Visual Arts Gallery

The Art Gallery of the Holland College School of Visual Arts features year round exhibitions. The Gallery, open 7 days a week, exhibits visual art work of local, national and international artists and craftspeople. Throughout the months of July and August the work of more than 100 Island artists is displayed.



Through P.E.I. Art Summer '89, the school and gallery are offering a number of weekly programs in July and August, as well as weekend workshops in June and September. Courses are offered in drawing and painting, water-colour, clay sculpture, weaving, raku pottery, papermaking and felting. A number of nationally known professional artists and craftspeople will be featured.

The Art Gallery is located in the School of Visual Arts building, one and a half kilometres west of Charlottetown. The Gallery building contains an art and craft library open to the general public and a retail outlet which sells craft materials.

50 Burns Avenue, West Royalty, Prince Edward Island, C1E 1H7 (902) 566-9310



PRINCE EDWARD ISLAND
MUSEUM
& HERITAGE FOUNDATION



**Prince Edward Island
Museum & Heritage
Foundation**

Today's museums are more than beautiful buildings: they are complex organizations with multiple functions. They stage exhibits and develop imaginative programs to carry the message of museums to the community; they help individuals and organizations to preserve their heritage; they research and catalogue and conserve; they educate and entertain... The Prince Edward Island Museum & Heritage Foundation, the Island's provincial museum system, tackles these tasks within its broad mandate "to study, collect, preserve, interpret and protect the human and natural heritage" of Canada's smallest province.

They invite you to "see the sites" on Prince Edward Island this year and explore the province's colourful past at:

- Basin Head Fisheries Museum near Souris, which chronicles the Island's early inshore fishery and boasts some of its best beaches.

- The nearby Elmira Railway Museum, evoking bygone days of narrow-gauge rail travel in the province.

- Orwell Corner Historic Village which represents a late 19th-century crossroads community around which farming, commercial and social activities revolved.

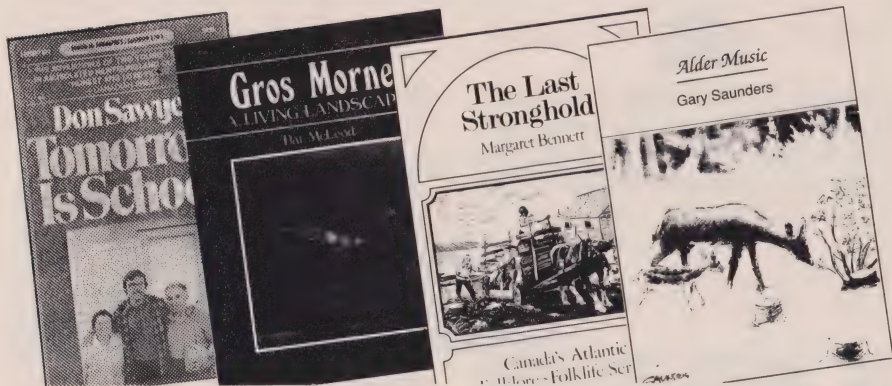
- The modern Eptek National Exhibition Centre in Summerside, featuring top national exhibits and interpretive displays unique to Prince Edward Island.

- The Green Park Shipbuilding Museum and restored James Yeo, Jr. house in Port Hill, which re-creates the Island's shipbuilding heyday of the last century.

- And, Beaconsfield in Charlottetown, which serves as the headquarters of the system. Although not a museum itself, it provides expert genealogical consultation.

Set your sights on Prince Edward Island this summer!

**2 Kent Street, Charlottetown,
P.E.I., C1A 1M6, (902) 892-9127**



Tomorrow is School

Don Sawyer

When Don Sawyer and Jan Sawyer set out for their first teaching job in an isolated Newfoundland outpost, they knew nothing about Newfoundland, Newfoundlanders, or what would be expected of them as teachers.

In this book Don Sawyer shares his memories of the people of the outpost and his experiences with them.

4x7, 205 pages ISBN 0-88780-133-1 \$4.95

Goodread Biographies

Gros Morne: A Living Landscape

Pat McLeod

An appealing and informative description of one of Canada's most beautiful National Parks. The author is familiar with more than mountains, fjords, flora and fauna – nothing of interest is omitted. Bound to become the standard guide for the casual, the adventurous and the armchair traveller.

120 pages ISBN 0-920911-37-4 \$24.95

Breakwater Books Ltd.

The Last Stronghold: Scottish Gaelic Traditions in Newfoundland

Margaret Bennett

In the mid 19th-century, a group of Highland Scots emigrated to Nova Scotia and thence to Newfoundland, settling in the Codroy Valley. They built a new life but they retained the customs and the language of their forbearers. This is their story, recounted by one of the last Gaelic tradition-bearers.

192 pages ISBN 0-920911-38-2 \$14.95

Breakwater Books Ltd.

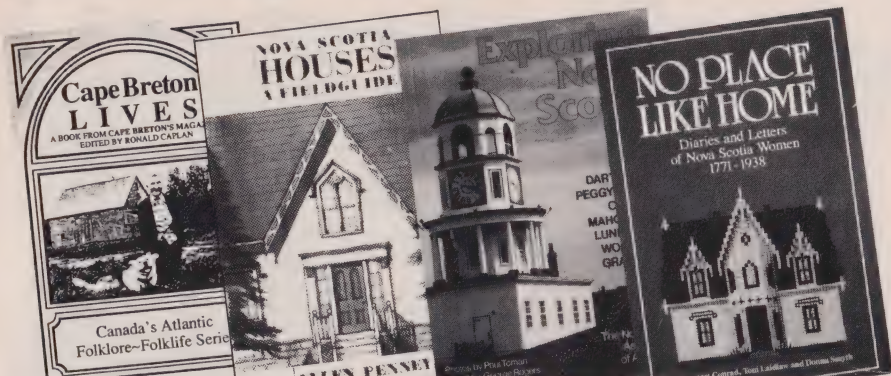
Alder Music

Gary L. Saunders

Readers who enjoy their bond with nature will take delight in Saunders' stories of his relationship with the world. City dwellers will find pleasure in their armchair wanderings with him and those who live in the country will be reminded why they do so.

208 pages ISBN 0-920911-48-X \$19.95

Breakwater Books Ltd.



Cape Breton Lives

Ronald Caplan, Editor

From the first fifty issues of Cape Breton Magazine, here are the stories of the miners, domestics, fishermen, sealers, farmers, blacksmiths, nurses and others who have lived in and loved Cape Breton all their lives. A delightful read; funny, tragic and down-to-earth. 302 pages ISBN 0 920991-49-8 \$19.95 Breakwater Books Ltd.

Houses of Nova Scotia: An illustrated guide to architectural style recognition

Allen Penney

Nova Scotia Houses is a guide to the architecture of Nova Scotia. This book draws from a data base of over 5000 standing houses throughout the province providing a visual guide and information on the various styles of architecture. Sketches are used to present visual images of the style and illustrate key elements.

6x9, 176 pages ISBN 0-88780-072-6
\$12.95 Formac Publishing

Exploring Nova Scotia

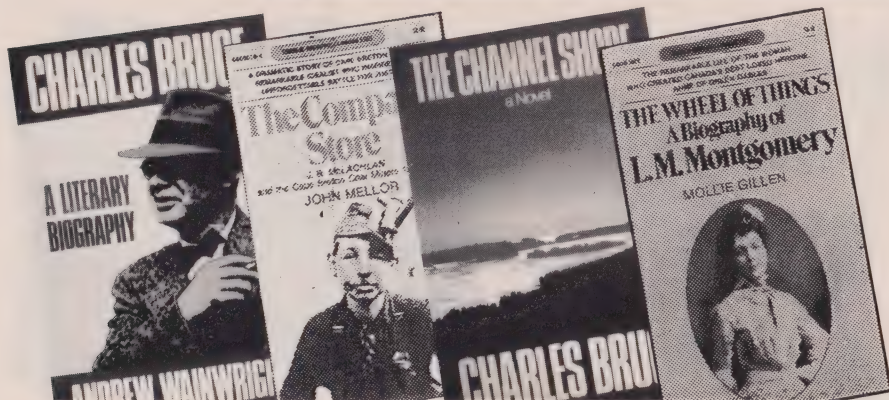
The Nova Scotia Association of Architects

This unique guide provides background to the history, architecture and traditions of Halifax, Dartmouth, Peggy's Cove, Chester, Mahone Bay, Lunenburg, Wolfville and Grand Pré. 5x7, 224 pages ISBN 0-88780-054-8 \$8.95 Formac Publishing

No Place Like Home: Diaries and Letters of Nova Scotia Women 1771-1938

Margaret Conrad, Toni Laidlaw and Donna Smyth

These colourful diaries and autobiographical letters provide fascinating reading along with insight into the lives of our ancestors. They are women with diverse life experiences: missionaries, teachers, office workers, farmers, housekeepers and factory workers, both young and old from all corners of the province. 6x9, 320 pages ISBN 0-88780-066-1 \$19.95 Formac Publishing



Charles Bruce

Andrew Wainwright

Charles Bruce is one of the most distinguished Canadian writers of all time. His most noted work *The Channel Shore* is one of the best Canadian novels of the 20th century.

Like his son Harry, Charles Bruce was a leading journalist of his day, as well as a fine creative writer. Wainwright's biography follows the literary career of Charles Bruce rethreading Bruce's daily life with novels, short stories, poetry and diaries that were Bruce's after hours work.

6x9, 282 pages ISBN 0-88780-064-5

\$16.95 Formac Publishing

The Company Store

John Mellor

The dramatic life of a remarkable and fiery idealist, J.B. McLachlan, and the battle of the Cape Breton coal miners. This book is the story of a remarkable Canadian and of a little-known part of our industrial past.

4x7, 400 pages ISBN 0-88780-126-9 \$5.95

Goodread Biographies

The Channel Shore

Charles Bruce

The Channel Shore tells the story of the people of 'the shore', a small fictional rural community along the coast of Nova Scotia closely resembling Bruce's childhood home on Chedabucto Bay. In this novel Bruce weaves a realistic and moving account of rural life; the pace, the opportunities, the conflicts, the ties and the people.

6x9, 402 pages ISBN 0-88780-065-3

\$16.95 Formac Publishing

The Wheel of Things: L.M. Montgomery

Mollie Gillen

The remarkable and tragic life story of the woman who created Canada's best-loved heroine, Anne of Green Gables. Using diaries and letters Maud never intended to be made public, Mollie Gillen tells the compelling and moving story of this woman's life.

4x7, 200 pages ISBN 0-88780-109-9 \$4.95

Goodread Biographies

REGIONAL COOKBOOKS



The Atlantic Cookbook

The contributors and readers of
Atlantic Insight

The recipes in this book are drawn from the eclectic culinary heritage from all parts of Atlantic Canada, featuring traditional and innovative ideas for lobsters, scallops, fiddleheads, chanterelle mushrooms, cranberries and much more.

Adding to the book's appeal are the stories behind the recipes told by contributors.

8x10, 192 pages, 8 pages of colour
photographs ISBN 888780-861-0 \$14.95
Formac Publishing

Nova Scotia Inns and Restaurants Cookbook

Elaine Elliot and Virginia Lee

A regional bestseller! The recipes are drawn from 35 of the finest inns and restaurants in the province. Also included is information on the location, history and culinary traditions of each of the featured dining rooms.

6x9 120 pages ISBN 0-88780-055-6 \$9.95
Formac Publishing

Heritage Recipes from the Maritimes and Newfoundland

The contributors and readers of
Atlantic Insight

Food is synonymous with good times, family events and traditions. Share in our Atlantic heritage with this **new** collection of favorite recipes from cooks from every corner of the region.

The recipes are all based on authentic family recipes that have been passed down through generations and modified to suit contemporary tastes.

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\$14.95 Formac Publishing

Bernard Meyer's East Coast Cuisine

Bernard Meyer has combined his French heritage with fresh regional produce to create new and exciting recipes.

In this book he presents more than 100 recipes with clear and easy-to-follow instructions. Among his specialties are fresh seafood – Grapefruit Salmon and Mussels with Cream Sauce.

6X9, 144 pages ISBN 0-88780-063-7
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The Maritimes: Tradition, Challenge and Change

Edited by George Peabody, Carolyn McGregor and Richard Thorne

The Maritimes offers a rich and vivid portrait of the region since 1945 - its natural resources and economy, its changing social and political life and unique cultural expressions.

This book incorporates the contributions of more than fifty of the region's leading authors, academics, teachers and journalists.

8x10 416 pages, over 110 illustrations and photographs ISBN 0-921921-01-2
\$19.95(paper) ISBN 0-921921-00-4
\$29.95(cloth) Maritext Limited

Bandits and Privateers

Harold Horwood and Ed Butts

Bandits and Privateers is a collection of stories about the rouges and scoundrels who bring Canadian history to life. Horwood presents the Privateers; seafaring adventurers who ruled the waters of the atlantic coast. Each chapter is a lively account of a little known event.

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Goodread Biographies

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Edited by George Peabody

Best Maritime Short Stories is a collection of well-known and emerging writers. It includes stories by: Charles Bruce, Ernest Buckler, Lesley Choyce, Ann Copeland, Alan Donaldson, Robert Gibbs, Michael Hennessey, Susan Kerslake, Janice Kulyk Keefer, Alistair MacLeod, Alden Nowlan, Veronica Ross, J.J. Steinfeld and Kent Thompson.

6x9, 240 pages, photographs
ISBN 0-88780-068-8 \$14.95 Formac Publishing

Sable Island

Bruce Armstrong

Known for centuries as "the Graveyard of the Atlantic", Sable Island is the world's most mysterious sandbar. Bruce Armstrong, actor, author and magician, takes the reader on a personal journey to Sable beginning with the first explorers to the New World.

8x10, 224 pages, 100 black & white photographs ISBN 0-88780-058-0 \$19.95
Formac Publishing

The Maritime Provinces Atlas

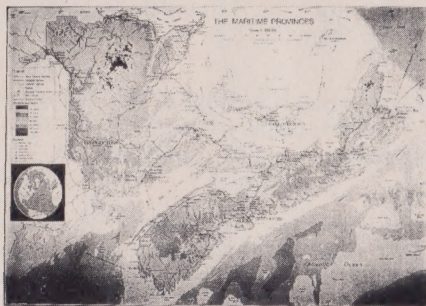


Maritime Provinces Atlas

Robert McCalla

The *Maritime Provinces Atlas* is the first comprehensive atlas of the Maritime provinces. The 96-page atlas is beautifully illustrated with 45 full-colour double page plates.

Described by the *Daily News* as a "Tresure Chest of Trivia", The *Maritime Provinces Atlas* is a rich collection of colour illustrations and written descriptions that will allow you to discover thousands of facts and figures about the Maritime region. 8x10, 96 pages, 45 colour plates ISBN 0-921921-0505 \$29.95(cloth) Maritext Limited



Maritime Wall Map

Maritime Provinces Education Foundation

This handsome, full-colour wall map of the Maritimes is the largest and most recent map of the Maritime provinces. It shows major roads, rail lines, population centers and major ocean features and currents. It is available in 3 versions: laminated, unlaminated and french laminated.

42x56, full-colour ISBN 0-921921-04-7 \$14.95(regular) ISBN 0-921921-03-9 \$29.95(laminated) Maritext Limited

Inside you'll find information on these Atlantic Canada heritage attractions:

Historical Sites and Settlements

Dorchester Heritage Properties, Dorchester, NB • Falls and Gorge, Grand Falls, NB • Fortress of Louisbourg, Louisbourg, NS • Halifax Citadel National Historic Park, Halifax, NS • Kings Landing Historical Settlement, Fredericton, NB • Lutz Mountain Meeting House and The Thomas Williams House, Moncton, NB • Newfoundland Historic Parks and Sites • Nova Scotia Highland Village, Iona, NS • Sherbrooke Village Restoration, Sherbrooke, NS • Village Historique Acadien, Caraquet, NB

Museums, Centres and Clubs

Alexander Graham Bell National Historic Park, Baddeck, NS • Black Cultural Centre for Nova Scotia, Dartmouth, NS • CFB Gagetown Military Museum, Oromocto, NB • Confederation Centre of the Arts, Charlottetown, PEI • Dartmouth Heritage Museum, Dartmouth, NS • Firefighter's Museum of Nova Scotia, Yarmouth, NS • Glace Bay Miners' Museum, Glace Bay, NS • Grenfell House Museum, St. Anthony, NF • Maritime Command Museum, Halifax, NS • Moncton Museum, Moncton, NB • Musée Acadien, Moncton, NB • National Exhibition Centre & New Brunswick Sports Hall of Fame, Fredericton, NB • New Brunswick Museum, Saint John, NB • Newfoundland Museum, St. John's, NF • Prince Edward Island Museum and Heritage Foundation, Charlottetown, PEI • Popes' Museum, Grande-Anse, NB • Springhill Miners' Museum, Springhill, NS • Oromocto Boat Club and Marina, Oromocto, NB

Festivals

Amherst Centennial, Amherst, NS • Chester Theatre Festival, Chester, NS • Irish Festival, Chatham, NB • Loyalist Days Inc., Saint John, NB • Lunenburg Folk Harbour Festival, Lunenburg, NS • Miramichi Folksong Festival, Chatham, NB • Stephenville Festival, Stephenville, NF

Art Galleries

Acadian Art Gallery, Wolfville, NS • Duke of Argyle Gallery, Halifax, NS • Holland College, School of Visual Arts Gallery, Charlottetown, PEI • Houston North Gallery, Lunenburg, NS • Lyghtesome Gallery, Antigonish, NS

Crafts

Cottage Craft Ltd., St. Andrews, NB • Gaelic College of Celtic Arts & Crafts, Baddeck, NS • Grenfell Handicrafts, St. Anthony, NF • Island Crafts, Sydney, NS • New Brunswick Craft School, Fredericton, NB • The Water Street Studio, Pictou, NS

Inns/Lodges and Restaurants

Amherst Shore Country Inn, Amherst, NS • Blomidon Inn, Wolfville, NS • Boscawen Inn, Lunenburg, NS • Dundee Arms Inn, Charlottetown, PEI • Gowrie House, Sydney Mines, NS • Halliburton House Inn, Halifax, NS • Lane's Privateer Inn, Liverpool, NS • Marquis of Dufferin Inn, Port Dufferin, NS • Normaway Inn, Margaree Valley, NS • Northern Wilderness Lodge, Plaster Rock, NB • Nova Scotia Highland Village & Highland Heights Inn, Iona, NS • Pictou Lodge, Pictou, NS • Strathgartney Country Inn, Bonshaw, PEI
